



THE MEN'S PROBUS CLUB OF VALENTINE Inc
'The Young, Friendly, Fun Club'

NEWSLETTER MARCH 2023

Club Website: www.ajcnsw.com/mpcov

The official publication of the Men's Probus Club of Valentine Inc.
Private and confidential for Probus use only and no other purpose.
The Club meets in [The Tingira Community Church at 13 Neridah Road Belmont North](#)
4th Monday of each month at 10 am

NEXT MEETING - MONDAY 27 MARCH

APOLOGIES to Robert Rae on 0411 141 823

OUR GUEST SPEAKERS are:

Mar '23	Paul Rheinberger	Topic:	Who knows where Hearts Point is?
Apr '23	Gary Herrett	Topic:	Battle of Long Tan
May '23	Alan McLean	Topic:	Bill Richardson Transport World (Invercargill, NZ)
June '23	TBA	Topic:	
July '23	Wayne Cooper	Topic:	Kokoda Track
Aug '23	Michael Croxton	Topic:	On The Road 65+

CURRENT ACTIVITIES

WALKING GROUP - Meets every Wednesday morning, contact Ron Tooney our coordinator on 4958 7910 for more details.

GENTLEMEN'S LUNCH - Next is 3rd April '23, contact John Benson our coordinator on 0437 043 014 for more details.

BOTANIC GARDENS - 13th April and then on to Junction Inn at Raymond Terrace for lunch. Wives and Partners are included.

We'll meet at Croudace Bay car park at 9.00 for car pooling with a 9.15 start to the Botanic Gardens. Alternatively you can meet at the gardens around 10.00.

Lunch will be booked for 12.30.

President's Message

Where has the last year gone?

It's our AGM this month and I'm looking forward to seeing you all. We have had some expressions of interest in joining the committee but the last I heard there are still vacancies. There is ample support and a wealth of knowledge on our committee and all committee members are willing to assist new appointees.

If you are the slightest bit interested in joining the committee please talk to a committee member or complete a nomination form and provide it to our Secretary. We meet on the third Monday of each month (the week before our general meeting). The meeting usually lasts between one and a half to two hours.

We spent a few relaxing days in Port Macquarie and Tuncurry recently. Unfortunately, I missed out on our lawn bowls and gentlemen's lunch this month.

It is intended to have our usual BBQ after our meeting.

Guest Speaker Section

Rebecca Barnes from Integrated Living presented their program on the Wellness Centre which included the exercise and digital programs.

Rebecca's presentation was well received with a number of questions and enquiries made.

Rather than outlining in detail what was discussed go to the website for more information which is:

<https://integratedliving.org.au/services/social-and-respite/lets-have-a-conversation>

If you feel Integrated Living can assist you, they ascertain whether you are eligible for Government funding if you provide certain personal information and then can apply directly on your behalf.

Gentlemen's Lunch

As I mentioned I was unable to attend the luncheon. However, through the grapevine I believe eight (seven members and a guest) attended the lawn bowls activity and thirteen enjoyed the lunch. Austin Greener imparted his talent, technics and wealth of knowledge of bowls to the inexperienced and first timer players.

The venue was Valentine Bowling club and as I understand all participants enjoyed the day.

Thank you to Peter Steel for organising the successful event.

Book Corner

Unfortunately Ted is unable to provide his collection of books this month. He is recovering from a stint in hospital and we wish him a speedy and successful recovery.

The club's library books will be available and there were some new books added last month.

Travel

Probus South Pacific Ltd (PSPL) announced that APT Luxury Travel joined as a Bronze Probus Partner.

Probus Club members receive - \$250 per person exclusive discount off APT or Travelmarvel Europe or Vietnam/Cambodia River Cruises + APT Luxury Small Ship Mediterranean cruises. Or \$100 per person off all other APT or Travelmarvel bookings.

Contact APT

Australia: 1300 336 932 | New Zealand: 0800 223 368

Website: www.aptouring.com.au

To view PSPL Travel website go to:

https://www.probusouthpacific.org/pages/members_offer_member_benefits_scheme_partners_travel

Topics of Interest

First

Did you know if you were involved in a car accident and you were not at fault you could be entitled to a loan car at no cost to yourself. This has nothing to do with your insurance.

If you want to further investigate this subject google 'Right2Drive' or click on the link below.

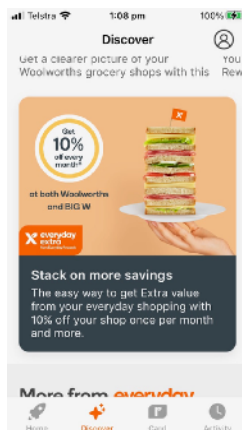
https://www.googleadservices.com/pagead/aclk?sa=L&ai=DChcSEwiEyqrUzNX9AhXYIUuSFHUIYD2IYABAAGgJzZg&ae=2&ohost=www.google.com&cid=CAASJuRod-9CFsAsYVC8kc1ZjIbjDnhG6WtQ8vYn1pZ1xSLyFmhgJxGy&sig=AOD64_3Bs7v-auEeNngw14_CaScbhY8wWQ&q&adurl&ved=2ahUKEwiy8KLUzNX9AhUr9zgGHd4VBfYQ0Qx6BAgIEAE

Second

Do you shop at Woolworths? You may or may not be aware of potential savings you could achieve. I won't go into details but if you are interested Google 'Everyday Extra' or click on the link below.

<https://www.woolworthsrewards.com.au/extra.html>

The logo you are looking for is:



GREATER BANK. *Payments to the Club*
Details for making payment either on-line or at a branch.

BSB 637-000 and
Account no. 780356294 and
(record your ' surname' + one word as a brief reference covering the purpose) e.g. 'XMAS', 'FEES', etc.

Share with a Friend

Don't forget to send our newsletter on to a friend or direct them to our website : www.ajcnsw.com/mpcov

Encourage your friends to come to our meetings. We have very interesting Guest Speakers.

Committee Members 2022

President:	Trevor Brown	0488 469 119
Vice President:	John McGrath	0405 887 881
General Secretary:	Robert Rae	0411 141 823
Membership Secretary:	Robert Rae	0411 141 823
Assistant Secretary:	Bruce Helman	0412 485 610
Treasurer:	Brian Sullivan	0431 068 729
Events Coordinator:	John McGrath	0405 887 881
Ass Events Coordinator:	Vacant	
Program Officer:	Roger Wakefield	4954 4373
Ass Program Officer:	Graham Higgs	0407 658 269
Newsletter:	Trevor Brown	0488 469 119
Webmaster:	Vacant	
Attendance :	John Bear	0477 171 909
Welfare:	Vacant	
Historian:	Kevin Hepplewhite	0420 355 743
Roving:	John Benson	0437 043 014
Roving:	Vacant	

Support Officers - appointed by the Committee

Public Officer:	Brian Sullivan	0431 068 729
Book Exchange:	Ted Tait	0401 397 499
Morning Tea Coord:	Ron Tooney	4958 7910
Walking Group Coord:	Ron Tooney	4958 7910
Computer Support	Vacant	
BBQ Coord:	Austin Greener	4946 9192