

**THE MEN'S PROBUS CLUB OF VALENTINE Inc**  
'The Young, Friendly, Fun Club'

# MAY 2023 NEWSLETTER

Club Website: [www.ajcnsw.com/mpcov](http://www.ajcnsw.com/mpcov) or scan



The official publication of the Men's Probus Club of Valentine Inc.  
Private and confidential for Probus use only and no other purpose.

**The Club meets in The Tingira Community Church  
at 13 Neridah Road Belmont North**  
4th Monday of each month at 10 am

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**NEXT MEETING - MONDAY 22 MAY**

**APOLOGIES** to Robert Rae on 0411 141 823

*[Following our meeting there will be a sausage sizzle.](#)*

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**OUR GUEST SPEAKERS** are:

May '23	Don Anderson	Topic:	Day in the Life of a Fire Fighter
June '23	Lee Baines	Topic	Marine Rescue Pelican
July '23	Wayne Cooper	Topic:	Kokoda Track
August '23	Michael Croxton	Topic:	On The Road 65+
September '23	Bob Cook	Topic:	Fortress Newcastle

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**Current Activities**

*LAKE MACQUARIE ART GALLERY THIS WEDNESDAY 17 MAY '23*

There are 26 members and wives/partners that have paid to view the exhibition of the 2022 **Archibald Prize** finalists. Our tour lasts an hour from 11am to noon. Please gather in or near the foyer at around 10.45am so the group can proceed promptly at 11am.

Following the exhibition 18 participants will lunch at Club Macquarie at 458 Lake Road, Argenton. A table has been reserved for 12.30pm.

## ***Current Activities Continued***

*WALKING AND COFFEE GROUP* - In view of the organised visit to the Art Gallery there is a variance to this week's walk as below.

‘The Walk on **WEDNESDAY 17 MAY** will be at **Marmong Point**. We plan to meet at the **end of the road on the water front below the former Awaba House at 9.00 am**. We will walk around our usual route ending back at the Art Gallery to join the club group at 10.45 am for the conducted tour of the display. Of course if it rains the walk will be cancelled and those who paid to visit the exhibition go straight to the Art Gallery.’

For more information on the walk please contact Ron Tooney our coordinator on 0409 467910.

*GENTLEMEN'S LUNCH* - Next is 5th June '23, contact John Benson our coordinator on 0437 043014 for more details.

Place the date in your diary and join the group. Numbers were down last month.

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## **President's Message**

Come along and listen to what John has to say.

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## **Guest Speaker Section**

In recognition of ANZAC Day, Gary Herrett presented a heart wrenching and sobering presentation of the Battle of Long Tan. Gary's dedicated to the history and his presentations was much appreciated.

The presentation raised a lot questions and the audience thanked him in the usual way at the conclusion.

If you know of anyone who appears distressed and needs assistance ask them how they are and remember Lifeline on 13 11 14.

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## **Book Corner**

Ted is going to keep us in suspense as he will bring to our meeting an assortment of books with differing authors for you to choose.

Whatever you choose Ted wishes you happy reading.

The books in the Club library will also be available to take.

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## **A Short Getaway**

We took a short break and travelled to Bulahdelah and enjoyed the sights and visited some of the eateries in the area.

The freeway by-pass has not interrupted the local trade. The shopping strip is a hive of activity. If you were after a big meal or just a snack there is ample establishments that cater to your needs.

We drove the old highway to Wootton (20 minute drive) taking in the scenery and the tunnels of gums as we made our way north. We stopped at the Hardwood Espresso at Wootton for a coffee and sat on their verandah overlooking the picturesque hills.

The local museum at Bulahdelah is housed in the original Court House and the displays brought back numerous memories of yesteryear. It is well worth a visit but is presently only opened on Saturdays and there is an entry fee.

We came home the scenic way via Hawkes Nest/Tea Gardens. From Bulahdelah you take the Bombah Point Road (part of it is dirt but well maintained at that time) to the ferry at Bombah Point. There is an NRMA Tourist Park with cabins and a coffee shop. The atmosphere was tranquil and peaceful. We crossed on the ferry and made our way to Tea Gardens and enjoyed a lunch overlooking the river before returning home.

*[If you have an interesting article you would like to share please email it to 'probusnews2280@gmail.com'](mailto:probusnews2280@gmail.com)*

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## **Technical Section**

If you missed my the email earlier this month regarding an important update for GOOGLE CHROME it is repeated over the page.

Alan Carter had this important message for our members.

*'If you use Google Chrome as an internet browser it is recommended that you do an urgent update due to several high risk security issues that can be exploited by cyber criminals.*

*The update process is easy.*

*1. Open Chrome Browser*

*2. Click the 3 vertical dots in the top right corner*

*3. Click HELP then select ABOUT GOOGLE CHROME - If an update is needed it will start automatically.'*

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### **Nostalgia**

Do you recall your school days  
And do you remember when  
There were no such things as biros  
Just inkwells and a pen?

Our vegetables and meat were fresh  
We had no frozen food  
We didn't make a casserole  
Our meat was just plain stewed.

Do you recall when it was fun  
To see the local flicks?  
There were no fancy leagues clubs.  
And pubs all closed at six.

We didn't sit and watch TV  
The wireless was tops.  
There were no supermarkets  
Just friendly grocery shops.

There wasn't any takeaway  
There were only fish and chips.  
Do you recall when one and six  
Bought all that you could wish?

Remember the old ice chest  
To keep our foodstuff cold?  
If you remember all these things  
I guess we're getting old.

## **BANKING DETAILS *for Payments to the Club***

GREATER BANK (details for making payment either on-line or at a branch).

BSB 637-000  
Account 780356294

*(record your 'surname' + one word as a brief reference covering the purpose eg "Xmas", 'Fees', etc*

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## **COMMITTEE MEMBERS 2023**

President	John McGrath 0405 887 881	Vice President	<b>Vacant</b>
General Secretary	Paul Rheinberger 0427 704 432	Assistant Secretary	Bruce Helman 0412 485 610
Membership Secretary	Robert Rae 0411 141 823		
Treasurer	Brian Sullivan 0431 068 729		
Events Coordinator	Roger Wakefield 0418 431 426	Ass Events Coordinator	Brendan Mannion 0412 544 647
Program Manager	Roger Wakefield 0418 431 426	Ass Program Manager	<b>Vacant</b>
Newsletter	Trevor Brown 0488 469 119		
Webmaster	Alan Carter 0411 425 668	Historian	Kevin Hepplewhite 0420 355 743
Attendance	Robert Rae 0411 141 823	Welfare	<b>Vacant</b>
Roving	John Benson 0437 043 014	Roving	Bob Maloney 0439 808 286

***Our president John McGrath is looking for a Vice President, Welfare Officer and Assistant Program Manager. Please seriously consider joining the team and taking on one of these rolls. There is ample experience you can draw on from other committee members to assist you in any of these vacant rolls. The Vice President normally fills the Presidency position next Probus year.***

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